

**Faculty of Management Sciences** 

Department of Hospitality and Tourism

Beethoven Street Private Bag 13388 Windhoek NAMIBIA T: +264 61 207 2093 F: +264 61 207 9093 E: dht@nust.na W: www.nust.na

QUALIFICATION: BACHELOR OF HOSPITALITY MANAGEMENT/ BACHELOR OF CULINARY ARTS	
QUALIFICATION CODE: 07BHOM/ 07BCNA	LEVEL: 5
COURSE: FOOD PRODUCTION THEORY	COURSE CODE: FPT 510S
DATE: JUNE 2022	SESSION: Paper 1
DURATION: 2 Hours	MARKS: 100

# FIRST OPPORTUNITY PAPER

**EXAMINER: MRS. K. TSHITUKENINA** 

MODERATOR: MR. R. HERRGOTT

# THIS EXAMINATION PAPER CONSISTS OF 3 PAGES (INCLUDING THIS FRONT PAGE)

## **INSTRUCTIONS**

- 1. Answer all questions.
- 2. Read all the questions carefully before answering.
- 3. Marks for each question are indicated at the end of each question.
- 4. Please ensure that your writing is legible, neat and presentable.

## Question 1: (The catering industry)

13 marks

- 1.1 What does the term catering mean? (3)
- 1.2 What is the fundamental difference between a commercial and a non-commercial catering business? (4)
- 1.3 Give/state three examples for commercial and three examples for non-commercial catering industries/businesses. (6)

#### Question 2: (Menu planning)

11 marks

- 2.1 What do you understand under a balanced menu? (3)
- 2.2 Mention and explain briefly four (4) aspects of a balanced menu (8)

# Question 3: (Portion control)

9 marks

There are certain items of equipment which can assist in maintaining control of the size of the portions. Give three examples of

- 3.1 Utensils (3)
- 3.2 Pre-portioned commodities (3)
- 3.3 Purchase specifications (3)

#### Question 4: (Food costing)

5 marks

Explain the following terms in food costing:

- 4.1. Net Profit (2)
- 4.2. Break-even point (3)

# Question 5: (Storage)

9 Marks

- 5.1 At what temperature does one store dry goods in a dry store and why should it be dark and dry in the storeroom? Explain. (5)
- 5.2 Give the different storage temperatures for fruits and vegetables, milk and dairy products, meat and meat products and fish. (4)

#### Question 6: (Kitchen Organization)

10 marks

- 6.1 Give the French name and duties of the Vegetable cook. (5)
- 6.2 Put this kitchen diagram (Hierarchy) into the right order.

  Commis de Cuisine, Sous-Chef, Chef de partie, Kitchen Assistant, Head Chef (5)

## Question 7: (Convenience food)

9 marks

- 7.1 What is the definition of convenience food? (3)
- 7.2 What are the advantages and the disadvantages of using convenience foods? (6)

# Question 8: (Hygiene)

5 marks

What does the abbreviation HACCP stand for?

Question 9: (Sanitation / Hygiene)

10 marks

Name and explain 5 common general sanitation practices followed in a commercial kitchen?

Question 10: (Safety)

8 marks

How can burns and scalds be prevented in the kitchen? Name and explain at least 4 examples.

Question 11: (Basic preparations)

4 marks

The sauces are divided into different groups. Give the *correct group* to the following sauces:

- 11.1 Fish Velouté
- 11.2 Green peppercorn sauce
- 11.3 Cocktail sauce
- 11.4 Bearnaise sauce

Question 12: (Basic cooking methods)

7 marks

Explain the basic cooking method "blanching" using the example of blanching Broccoli in easy-to-follow logical steps.

**TOTAL** 

100 marks